

Measles is a contagious viral infection

Symptoms are:

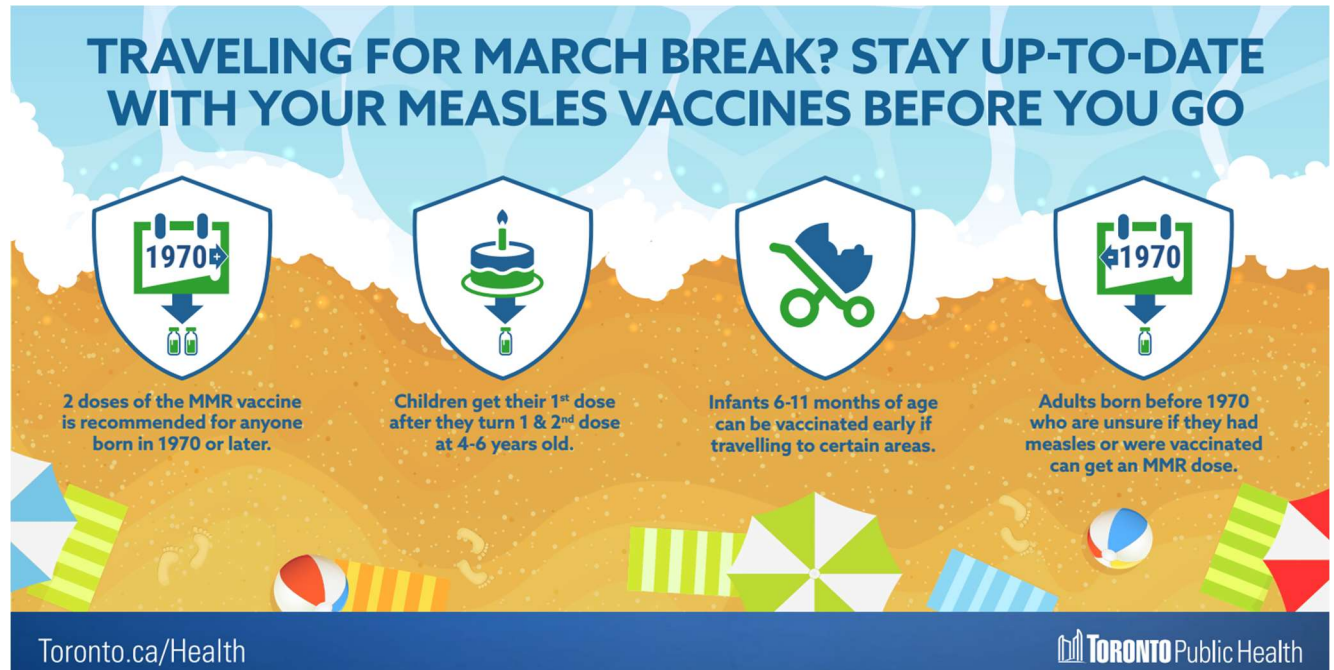
- Blotchy/ dotted red rash that starts at the head and moves downward on the body
- fever
- cough
- runny nose
- red eyes
- feeling tired

Spreads through the **air & close contact** when an infected person breathes, coughs, or sneezes.

- Your child is protected if they have had both doses of the measles vaccine (typically administered at 1 y/o & 4-6 y/o).
- Kids between 6-11 months can receive the 1st dose early if travelling to an area with an outbreak
- Kids between 1 to 4 years can receive the 2nd dose early if travelling to an area with an outbreak

If there is an outbreak declared in Toronto, we will provide the measles vaccines to children over 6 months. Otherwise, it is not necessary to be vaccinated earlier and your child will receive the vaccine per the standard Ontario immunization schedule. As always, the best way to protect yourself is to:


- WASH YOUR HANDS!!
- Cover your nose & mouth when sneezing or coughing
- Stay home if you are feeling unwell



TRAVELING FOR MARCH BREAK? STAY UP-TO-DATE WITH YOUR MEASLES VACCINES BEFORE YOU GO

- 2 doses of the MMR vaccine is recommended for anyone born in 1970 or later.
- Children get their 1st dose after they turn 1 & 2nd dose at 4-6 years old.
- Infants 6-11 months of age can be vaccinated early if travelling to certain areas.
- Adults born before 1970 who are unsure if they had measles or were vaccinated can get an MMR dose.

Toronto.ca/Health

 TORONTO Public Health

Kindly contact us if you have any questions/ concerns.

Stay healthy!!